

| Piątek | | | | | | | | | |
|-------------|--|------------|-------|------------|----------|-------------|--------------|-------------|-------------|
| Godz. | Tor 1 | Tor 2 | Tor 3 | Tor 4 | Tor 5 | Tor 6 | Rekreacja | Brodzik | Godz. |
| 6.00-6.15 | | | | | | | | | 6.00-6.15 |
| 6.15-6.30 | | | | | | | | | 6.15-6.30 |
| 6.30-6.45 | | SGSPoż | | | | | | | 6.30-6.45 |
| 6.45-7.00 | | | | | | | | | 6.45-7.00 |
| 7.00-7.15 | | | | | | | | | 7.00-7.15 |
| 7.15-7.30 | | | | | | | | | 7.15-7.30 |
| 7.30-7.45 | | | | | | | | | 7.30-7.45 |
| 7.45-8.00 | | | | | | | | | 7.45-8.00 |
| 8.00-8.15 | | | | | | | | | 8.00-8.15 |
| 8.15-8.30 | | | | | | | | | 8.15-8.30 |
| 8.30-8.45 | | | | | | | | | 8.30-8.45 |
| 8.45-9.00 | | | | | | | | | 8.45-9.00 |
| 9.00-9.15 | | | | | | | BIELANY | | 9.00-9.15 |
| 9.15-9.30 | | | | | | | | | 9.15-9.30 |
| 9.30-9.45 | SP 68 | | | SP 65 IV P | | SP 68 | | SP 68 | 9.30-9.45 |
| 9.45-10.00 | | | | | | | | | 9.45-10.00 |
| 10.00-10.15 | | | | | | | | | 10.00-10.15 |
| 10.15-10.30 | SP 68 | | | | | SP 68 | | SP 68 | 10.15-10.30 |
| 10.30-10.45 | | SP 65 VI P | | | | | | | 10.30-10.45 |
| 10.45-11.00 | | | | | | | | | 10.45-11.00 |
| 11.00-11.15 | | | | | | | | | 11.00-11.15 |
| 11.15-11.30 | | | | | | | | | 11.15-11.30 |
| 11.30-11.45 | | | | | | | SENIOR | | 11.30-11.45 |
| 11.45-12.00 | | | | | | | | | 11.45-12.00 |
| 12.00-12.15 | | | | | | | | | 12.00-12.15 |
| 12.15-12.30 | SP 92 | | | | | | BIELANY | SP 92 | 12.15-12.30 |
| 12.30-12.45 | | | | | | | | | 12.30-12.45 |
| 12.45-13.00 | | | | | | | | | 12.45-13.00 |
| 13.00-13.15 | SP 92 | | | | | SP 65 II e | | SP 92 | 13.00-13.15 |
| 13.15-13.30 | | | | | | | | | 13.15-13.30 |
| 13.30-13.45 | | | | | | | | | 13.30-13.45 |
| 13.45-14.00 | SP 92 | | | | | SP 92 | | SP 92 | 13.45-14.00 |
| 14.00-14.15 | | | | | | | | | 14.00-14.15 |
| 14.15-14.30 | | | | | | | | | 14.15-14.30 |
| 14.30-14.45 | | | | | | | UTW | | 14.30-14.45 |
| 14.45-15.00 | | | | | | | | | 14.45-15.00 |
| 15.00-15.15 | | | | | | | | Aqua Master | 15.00-15.15 |
| 15.15-15.30 | | | | | | | | | 15.15-15.30 |
| 15.30-15.45 | | | | | | | | | 15.30-15.45 |
| 15.45-16.00 | | | | | | | | | 15.45-16.00 |
| 16.00-16.15 | | | | | | | | Agua Master | 16.00-16.15 |
| 16.15-16.30 | | | | | | | | | 16.15-16.30 |
| 16.30-16.45 | | | | | | | | W&Z Swim | 16.30-16.45 |
| 16.45-17.00 | | | | | | | | | 16.45-17.00 |
| 17.00-17.15 | | | | | | | | | 17.00-17.15 |
| 17.15-17.30 | | | | | | Szkoła OSiR | | Szkoła OSiR | 17.15-17.30 |
| 17.30-17.45 | | | | | | | Fun Swim | | 17.30-17.45 |
| 17.45-18.00 | Szkolenie dzieci i młodzieży Program m.st Warszawy | | | | | | | | 17.45-18.00 |
| 18.00-18.15 | | | | | | | | | 18.00-18.15 |
| 18.15-18.30 | | | | | W&Z Swim | Szkoła OSiR | | Szkoła OSiR | 18.15-18.30 |
| 18.30-18.45 | | | | | | | | | 18.30-18.45 |
| 18.45-19.00 | | | | | | | | | 18.45-19.00 |
| 19.00-19.15 | | | | | | | Szkoła OSiR | | 19.00-19.15 |
| 19.15-19.30 | | | | | | | | Fun Swim | 19.15-19.30 |
| 19.30-19.45 | | | | | | Fun Swim | | | 19.30-19.45 |
| 19.45-20.00 | | | | | | | | | 19.45-20.00 |
| 20.00-20.15 | | | | | | | | | 20.00-20.15 |
| 20.15-20.30 | | | | | | | | | 20.15-20.30 |
| 20.30-20.45 | | | | | | | | | 20.30-20.45 |
| 20.45-21.00 | | | | | | | | | 20.45-21.00 |
| 21.00-21.15 | | | | | | | | | 21.00-21.15 |
| 21.15-21.30 | | | | | | | | | 21.15-21.30 |
| 21.30-21.45 | | | | | | | | | 21.30-21.45 |
| 21.45-22.00 | | | | | | | | | 21.45-22.00 |
| 22.00-22.15 | | | | | | | | | 22.00-22.15 |
| 22.15-22.30 | | | | | | | | | 22.15-22.30 |
| 22.30-22.45 | | | | | | | | | 22.30-22.45 |
| 22.45-23.00 | | | | | | | | | 22.45-23.00 |
| | | | | | | | AQUA AEROBIK | | |

| Niedziela | | | | | | | | | |
|-------------|-------|-------|-------|-------|-------|-------|-----------|---------|-------------|
| Godz. | Tor 1 | Tor 2 | Tor 3 | Tor 4 | Tor 5 | Tor 6 | Rekreacja | Brodzik | Godz. |
| 6.00-6.15 | | | | | | | | | 6.00-6.15 |
| 6.15-6.30 | | | | | | | | | 6.15-6.30 |
| 6.30-6.45 | | | | | | | | | 6.30-6.45 |
| 6.45-7.00 | | | | | | | | | 6.45-7.00 |
| 7.00-7.15 | | | | | | | | | 7.00-7.15 |
| 7.15-7.30 | | | | | | | | | 7.15-7.30 |
| 7.30-7.45 | | | | | | | | | 7.30-7.45 |
| 7.45-8.00 | | | | | | | | | 7.45-8.00 |
| 8.00-8.15 | | | | | | | | | 8.00-8.15 |
| 8.15-8.30 | | | | | | | | | 8.15-8.30 |
| 8.30-8.45 | | | | | | | | | 8.30-8.45 |
| 8.45-9.00 | | | | | | | | | 8.45-9.00 |
| 9.00-9.15 | | | | | | | | | 9.00-9.15 |
| 9.15-9.30 | | | | | | | | | 9.15-9.30 |
| 9.30-9.45 | | | | | | | | | 9.30-9.45 |
| 9.45-10.00 | | | | | | | | | 9.45-10.00 |
| 10.00-10.15 | | | | | | | | | 10.00-10.15 |
| 10.15-10.30 | | | | | | | | | 10.15-10.30 |
| 10.30-10.45 | | | | | | | | | 10.30-10.45 |
| 10.45-11.00 | | | | | | | | | 10.45-11.00 |
| 11.00-11.15 | | | | | | | | | 11.00-11.15 |
| 11.15-11.30 | | | | | | | | | 11.15-11.30 |
| 11.30-11.45 | | | | | | | | | 11.30-11.45 |
| 11.45-12.00 | | | | | | | | | 11.45-12.00 |
| 12.00-12.15 | | | | | | | | | 12.00-12.15 |
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| 12.30-12.45 | | | | | | | | | 12.30-12.45 |
| 12.45-13.00 | | | | | | | | | 12.45-13.00 |
| 13.00-13.15 | | | | | | | | | 13.00-13.15 |
| 13.15-13.30 | | | | | | | | | 13.15-13.30 |
| 13.30-13.45 | | | | | | | | | 13.30-13.45 |
| 13.45-14.00 | | | | | | | | | 13.45-14.00 |
| 14.00-14.15 | | | | | | | | | 14.00-14.15 |
| 14.15-14.30 | | | | | | | | | 14.15-14.30 |
| 14.30-14.45 | | | | | | | | | 14.30-14.45 |
| 14.45-15.00 | | | | | | | | | 14.45-15.00 |
| 15.00-15.15 | | | | | | | | | 15.00-15.15 |
| 15.15-15.30 | | | | | | | | | 15.15-15.30 |
| 15.30-15.45 | | | | | | | | | 15.30-15.45 |
| 15.45-16.00 | | | | | | | | | 15.45-16.00 |
| 16.00-16.15 | | | | | | | | | 16.00-16.15 |
| 16.15-16.30 | | | | | | | | | 16.15-16.30 |
| 16.30-16.45 | | | | | | | | | 16.30-16.45 |
| 16.45-17.00 | | | | | | | | | 16.45-17.00 |
| 17.00-17.15 | | | | | | | | | 17.00-17.15 |
| 17.15-17.30 | | | | | | | | | 17.15-17.30 |
| 17.30-17.45 | | | | | | | | | 17.30-17.45 |
| 17.45-18.00 | | | | | | | | | 17.45-18.00 |
| 18.00-18.15 | | | | | | | | | 18.00-18.15 |
| 18.15-18.30 | | | | | | | | | 18.15-18.30 |
| 18.30-18.45 | | | | | | | | | 18.30-18.45 |
| 18.45-19.00 | | | | | | | | | 18.45-19.00 |
| 19.00-19.15 | | | | | | | | | 19.00-19.15 |
| 19.15-19.30 | | | | | | | | | 19.15-19.30 |
| 19.30-19.45 | | | | | | | | | 19.30-19.45 |
| 19.45-20.00 | | | | | | | | | 19.45-20.00 |
| 20.00-20.15 | | | | | | | | | 20.00-20.15 |
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| 20.45-21.00 | | | | | | | | | 20.45-21.00 |
| 21.00-21.15 | | | | | | | | | 21.00-21.15 |
| 21.15-21.30 | | | | | | | | | 21.15-21.30 |
| 21.30-21.45 | | | | | | | | | 21.30-21.45 |
| 21.45-22.00 | | | | | | | | | 21.45-22.00 |
| 22.00-22.15 | | | | | | | | | 22.00-22.15 |
| 22.15-22.30 | | | | | | | | | 22.15-22.30 |
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| 22.45-23.00 | | | | | | | | | 22.45-23.00 |

Aqua
Master

ZDRÓWKO

Aqua
Master

Bezpieczna
KROPELKA